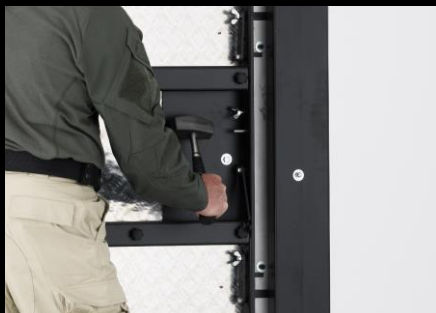


MEC2 SETUP

BASIC TRAINING ON **OUTWARD** SWING DOOR

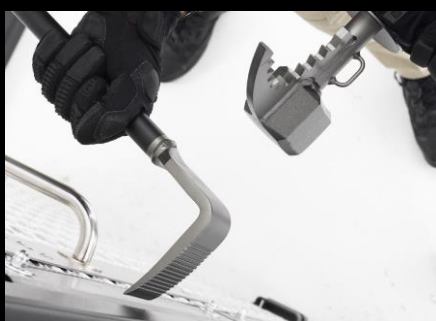
1



INSTALL 1 OR 2 STEEL PINS CENTRALLY

ENSURE THE PINS ARE LOCATED SECURELY BY LIGHTLY TAPPING THEM INTO PLACE WITH THE SLEDGEHAMMER. LOCK THE PINS WITH THE LOCKING BRACKET LOCATED AT EACH LOCKING POINT.

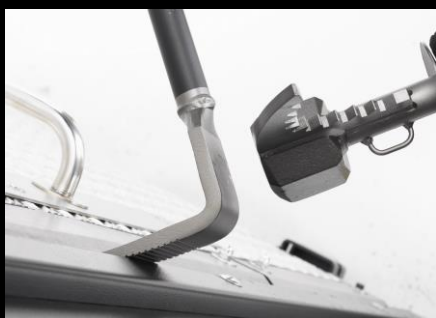
2



START POSITION

PLACE THE P7 OR P9 IN THE GAP BETWEEN THE EDGE OF THE DOOR AND THE FRAME. MAKE SURE TO USE THE CORRECT ANGLE.

3



START BREACHING

HIT THE HEAD, WITH 50% POWER, UNTIL THE HEAD IS ALMOST IN CONTACT WITH THE LOCK BODY

4



KEEP BREACHING

PUSH THE HANDLE INTO A POSITION PARALLEL TO THE DOOR. NOW HIT THE HEAD WITH 100% POWER UNTIL THE HEAD IS ALMOST IN CONTACT WITH THE FRAME.

5



FINISH THE BREACH

PULL THE P7 OR P9 BACK TO THE "START POSITION", 15-20CM/6-8 INCHES AWAY FROM THE DOOR. CONTINUE TO HIT UNTIL THE FRONT END OF THE HEAD IS ALL THE WAY IN AND HAVE A FIRM GRIP BEHIND THE DOOR. NOW PULL THE TOOLS WITH CONTROLLED FORCE TO BREACH THE DOOR.

MEC2 SETUP

BASIC TRAINING ON **INWARD** SWING DOOR

1



INSTALL WOOD SHIMS AND STEEL PINS

INSTALL 2-3 WOOD SHIMS IN THE TOP BRACKET AND 1 WOOD SHIMS IN THE BOTTOM BRACKET. IF MORE RESISTANCE IS REQUIRED, INSTALL AN ADDITIONAL STEEL PIN AT THE HIGHEST POINT.

2



START POSITION

PLACE THE WEDGE OF THE P7 OR P9 BETWEEN THE DOOR AND THE FRAME, ABOUT 20CM/8 INCHES FROM THE FLOOR. KEEP THE HANDLE ABOUT 80° RELATIVE TO THE DOOR.

3



START BREACHING

LIFT SLOWLY AND CONTROLLED TO SEPARATE THE DOOR FROM THE FRAME, WITHOUT LOOSING THE GRIP. PUSH THE CLAW END OF THE SUPPORTING TOOL INTO THE GAP, JUST BELOW THE HEAD OF THE P7 OR P9. TAP THE SUPPORTING TOOL WITH THE SLEDGEHAMMER IF NECESSARY

4



KEEP BREACHING

PUSH THE HANDLE OF THE SUPPORTING TOOL TOWARDS THE DOOR TO CREATE A GAP. RELEASE THE P7/P9 AND NOW PLACE IT BELOW THE CLAW OF THE SUPPORTING TOOL. MAKE SURE TO PLACE THE HEAD BEHIND THE FRAME.

5



FINISH THE BREACH

NOW MAKE A DEADLIFT WITH THE P7/P9 BY LIFTING THE HANDLE AND SEPARATE THE DOOR FROM THE FRAME AS MUCH AS POSSIBLE. MOVE THE CLAW END UPWARDS A LITTLE BIT, PUSH, AND THEN FOLLOW WITH THE P7/P9. KEEP WORKING UPWARDS UNTIL THE DOOR IS BREACHED.

WARNING: NEVER USE MORE THAN ONE STEEL PIN AND ALWAYS MAKE SURE NOT MORE THAN 3 RUBBER BUSHINGS ARE ACTICATED WHEN BREACHING INWARD SWIN DOOR.

MEC2 SETUP

BASIC TRAINING ON **INWARD** SWING DOOR WITH **RAM**

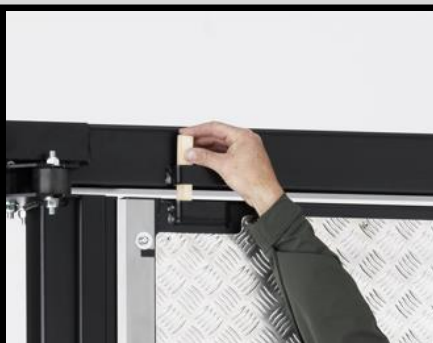
1



INSTALL THE RUBBERPLATE

INSTALL THE RUBBER PLATE

2



LOCK THE DOOR

LOAD THE DOOR WITH 1 WOOD SHIM. IF LARGE RAMS ARE USED, ADD MORE ONE BY ONE

3



START POSITION

HOLD THE R9 MINI RAM CLOSE TO THE BODY. STAY CLOSE TO THE DOOR SO THAT THE FORCE IS MAXIMIZED WHEN THE RAM HITS THE LOCKING PART OF THE DOOR.

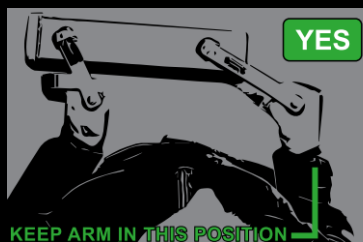
4



START RAMMING

ROTATE THE HIP AS MUCH AS POSSIBLE BACKWARDS. THEN USE CORE AND PUSH WITH FULL POWER. DON'T ROTATE WITH JUST YOUR ARMS.*

*



MEC2 SETUP

BASIC TRAINING WITH **EDGE BENDER**

1



ATTACH THE EDGE BENDER

PUT THE EDGE BENDER BEHIND THE OVER LAP, AS DEEP AS YOU CAN.

2



SUPPORT WITH THE CLAW END

PLACE THE CLAW END OF THE P7 OR P9 BETWEEN THE FRAME AND THE EDGE BENDER. PUT THE EDGE BENDER IN A 90° ANGEL WHILE KEEPING PRESSURE WITH THE CLAW END. THEN TWIST THE T-HANDLE ON THE ENDGE BENDER.

3



START BENDING

START BENDING THE OVER LAP GENTLY.

4



FINISH

PUSH THE EDGE BENDER AS FAR AS YOU CAN, WITHOUT HITTING THE DOOR. IF NECESSARY – OPEN THE T-HANDLE A LITTLE BIT TO BE ABLE TO BEND THE OVER LAP AS FAR AS YOU CAN.

NOTE: ALL THESE STEPS CAN BE DONE SILENTLY

MEC2 SETUP

HYDRAULIC TRAINING ON OUTWARD SWING DOOR

1

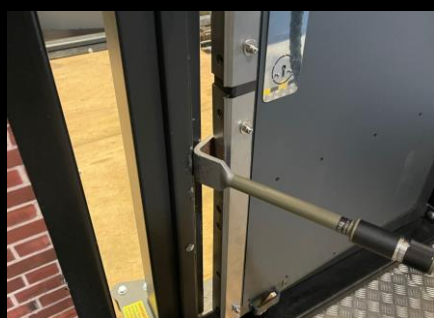


INSTALL HYDRAULIC PINS AND WOOD SHIMS

INSTALL 2 HYDRAULIC PINS AT THE TOP LOCKING POINTS.

ADD 1 WOOD SHIM AT THE TOP BRACKET AND 1 AT THE BOTTOM BRACKET.

2



START BREACHING

MAKE A MECHANICAL BREACH IN DESIRED HEIGHT, KNEE HEIGHT OR BELOW IS SUGGESTED.

MAKE SURE TO MAXIMIZE THE BREACH TO GET ROOM FOR YOU HYDRAULIC TOOL.

3



HYDRAULIC

NOW PUT YOUR HYDRAULIC TOOL BEHIND THE DOOR BLADE. THE TOOLS SHOULD BE PUSHING THE DOOR OUTWARD. MAKE SURE TO USE THE CORRECT ANGLE OR YOU MIGHT DAMAGE THE DOOR PERMANENTLY.

4



KEEP BREACHING

KEEP SUPPORTING THE BREACH WITH THE P7 OR P9 WHILE THE HYDRAULIC TOOL WORKS.

5



FINISH THE BREACH

NOTE: THIS TRAINING MUST ALWAYS BE SUPERVISED BY A SET CERTIFIED INSTRUCTOR

MEC2 SETUP

HYDRAULIC TRAINING ON INWARD SWING DOOR

1



INSTALL HYDRAULIC PINS AND WOOD SHIMS

INSTALL 2 HYDRAULIC PINS AT THE TOP LOCKING POINTS.

ADD 1 WOOD SHIM AT THE TOP BRACKET AND 1 AT THE BOTTOM BRACKET.

2



START POSITION

MAKE ROOM FOR YOUR HYDRAULIC TOOLS BY PLACING THE P7 OR P9 IN THE GAP BETWEEN THE EDGE OF THE DOOR AND THE FRAME. DO THIS AT DESIRED HEIGHT, KNEE HIGHT OF BELOW IS SUGGESTED.

3

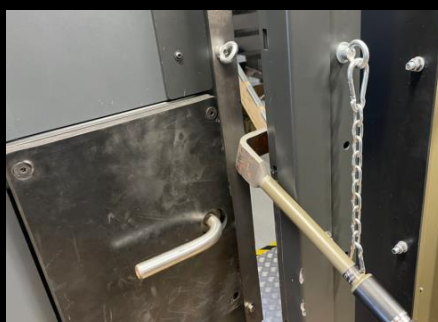


START BREACHING

PUT THE HYDRAULIC TOOL IN PLACE, BETWEEN THE DOOR AND THE FRAME. START BREACHING.

THE TOOLS SHOULD BE PUSHING THE DOOR INWARDS. MAKE SURE TO USE THE CORRECT ANGLE OR YOU MIGHT DAMAGE THE DOOR PERMANENTLY.

4



KEEP BREACHING

KEEP SUPPORTING THE BREACH WITH THE P7 OR P9 WHILE THE HYDRAULIC TOOL WORKS.

5



FINISH THE BREACH