

WHERE WILL YOUR BEYOND TRAILER TAKE YOU TODAY?





1ST STOP | Youth Athletes

ACTIVE TRAINING ADVOCATES

"We have an early morning session for high school athletes to train before school begins. It's a great opportunity for them to get up, get moving, and get their performance training finished so that they have time for team practices, homework, and other activities later in the day."

3RD STOP | Corporate Wellness

THE S.W.E.A.T. MACHINE

"After we spend the early morning with 1:1 clients at their homes, we transition to late morning /lunch time group sessions at local area businesses. This helps smaller companies offer health and fitness offerings to their employees, providing a fun, effective group training experience."

5TH STOP | Small Group

KEVIN VU, OWNER, BOUNDLESS FXW

"We end our day with a group training session at a local park in the early evening, literally bringing the gym to the neighborhood park. Most of the clients for this session live within the neighborhood, so it is very convenient for them and a great way to build camaraderie within the neighborhood."

PARK IT | Dam Strong Day

Way to help people reach their health and performance goals! Now it's time to recheck supplies, review tomorrow's training appointments, and get some rest for another **#damstrong** day! 4

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IGNITION | Let's Go!

Make sure all equipment is secured, double-check for the essential items on your mobile training checklist and hit the road.

2ND STOP | Personal Training

GARY BLACKLEDGE, OWNER, BLACKLEDGE FITNESS & PERFORMANCE

"I basically have two busy time frames: 6:00 am - 12:00 pm and 4:00 pm - 6:30 pm. My sessions are all one hour in length and my clients are all located within a 15 minute radius. The quick and efficient set up and breakdown of the Nomad allows me to pack my schedule and get to my next client in plenty of time."

4TH STOP | Family Training

DANIEL PROL, OWNER, LEVELUP MOBILE GYM

"Being a teacher, I start my training sessions after school in the later afternoon where I train several families together. Group sessions are 45 minutes, and I typically have 2-3 each day in the afternoon."



MEET YOUR BEYOND TRAILER **TRAINERS**

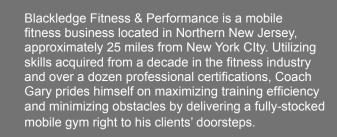


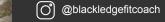


Active Training Advocates offers youth sport-specific training opportunities for middle school and high school aged kids in the local community. Offering team, individual, and group training programs, Active Training Advocates supports youth athletes from a variety of sports, with a big focus on hockey and mountain sports, and works with teams and individuals on training programs designed to support their goals.

ACTIVE TRAINING ADVOCATES STEAMBOAT SPRINGS, CO









Boundless FXW focuses on both fitness and overall well-being. Each 1-hour class includes a strength & conditioning workout, along with yoga and meditation. We have a partnership with a large neighborhood community in Irvine, CA which provides a great location where we offer group classes to all their residents.

(O) @boundlessfxw



LevelUp Mobile Gym based out of Miami, FL offers training programs ranging from personal and group fitness to corporate wellness, and after school exercise programs. Owner Daniel Prol is a teacher by day and uses his trailer to bring communities together at local parks, client's home, and neighborhoods. On the weekends, LevelUp Mobile Gym partners with local businesses and farmers markets to offer a one of a kind training experience outdoors, the way fitness should be.

LEVELUP MOBILE GYM MIAMI, FL



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THE S.W.E.A.T. MACHINE **BRADENTON, FLORIDA**

BOUNDLESS FXW IRVINE, CA

(O) @levelupmobilegym

The S.W.E.A.T. Machine offers home personal and small group training and corporate wellness programs to local businesses. Our training style is based around our background in strength and conditioning and athletics. We use a lot of circuit training in combination with powerlifting, and add a variety of conditioning at

(O) @thesweatmachine

